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OPEN Hi-C-constrained physical models of human chromosomes recover functionally-related properties of genome organization

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Combining genome-wide structural models with phenomenological data is at the forefront of efforts to understand the organizational principles regulating the human genome. Here, we use chromosomechromosome contact data as knowledge-based constraints for large-scale three-dimensional models of the human diploid genome. The resulting models remain minimally entangled and acquire several functional features that are observed in vivo and that were never used as input for the model. We find, for instance, that gene-rich, active regions are drawn towards the nuclear center, while gene poor and lamina associated domains are pushed to the periphery. These and other properties persist upon adding local contact constraints, suggesting their compatibility with non-local constraints for the genome organization. The results show that suitable combinations of data analysis and physical modelling can expose the unexpectedly rich functionally-related properties implicit in chromosome-chromosome contact data. Specific directions are suggested for further developments based on combining experimental data analysis and genomic structural modelling.

The advent of experimental techniques to study the structural organization of the genome has opened new avenues for clarifying the functional implications of genome spatial arrangement. For instance, the organization of chromosomes in territories with limited intermingling was first demonstrated by fluorescence in-situ hybridization (FISH) experiments^{1,2} and, next, rationalised in terms of memory-effects produced by the out-of-equilibrium mitotic \rightarrow interphase decondensation³⁻⁹. These effects are, in turn, essential for the subsequent chromosomal recondensation step of the cell cycle^{5,9}. More recently, chromosome conformation capture techniques have allowed for quantifying the contact propensity of pairs of chromosome regions, hence providing key clues for the hierarchical organization of chromosomes into domains with varying degree of compactness and gene activity7,10-12.

Since their very first introduction¹⁰, conformational capture experiments have been complemented by efforts to build coarse-grained models of chromosomes¹³⁻¹⁵. These modelling approaches have been used with a twofold purpose. On the one hand, general models for long and densely-packed polymers have been used to compare their contact propensities and those inferred from Hi-C data. These approaches are useful to understand the extent to which the Hi-C-probed genome organization depends on general, aspecific physical constraints ^{3,5,7,14-22}. On the other hand, Hi-C and other experimental measurements have been used as knowledge-based constraints to build specific, viable candidate three-dimensional representations of chromosomes^{10,14,23-25}. These models are valuable because they can expose the genomic structure-function interplay to a direct inspection and analysis, a feat that cannot be usually accomplished with the sole experimental data¹⁰.

Developing such models is difficult. In part, this is because it requires overcoming the limitations of the (currently unavoidable) dimensional reduction where a set of contact propensities is measured in place of the actual three-dimensional conformations, and still obtain the latter. But an additional and key difficulty is the structural

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heterogeneity of the chromosomal conformational ensemble that is probed experimentally. As for the simpler, but still challenging, problem of proteins with structurally-diverse substates^{26,27}, such conformational heterogeneity makes it impossible for using all phenomenological restraints to pin down a unique representative structure, and suitable methods must be devised to deal with the inherent heterogeneity.

Here, by building on previous modelling efforts^{10,14,23-25}, we tackle these open isssues and ask whether Hi-C data subject to a suitable statistical selection can be indeed be used as phenomenological constraints to obtain structural models of the complete human diploid genome that are viable, i.e. that possess correct functionally-related properties.

The key elements of our approach are two. First, we use advanced statistical tools to single out local and non-local *cis*-chromosome contacts that are significantly enriched with respect to the reference background of Hi-C data. Second, we employ steered molecular dynamics simulations to drive the formation of these constitutive contacts in a physical model of the human diploid genome, where chromosomes are coarse-grained at the 30 nm level. The viability of this general strategy is here explored for two distinct human cell lines: lung fibroblasts (IMR90) and embryonic stem cells (hESC).

Various functional aspects of the genome organization have been previously addressed with structural models, see ref. 22 for recent reviews. Some of these studies have addressed the architecture of specific, local functional domains^{21,24,28}, including the formation and plasticity of topologically associated domains (TADs)^{29–34}. Structural models were also used to explore general features of the structure-function relationship, such as the interplay of gene co-expression and co-localization in human chromosome 19³⁵ or of epigenetic states and genome folding in *D. melanogaster*²⁰.

Other studies have instead dealt with the challenge of modelling entire yeast^{23,36-39} or human chromosomes^{25,40} consistently with available experimental data, particularly for the spatial proximity of chromosome *loci*. The two main challenges of these approaches are: the use of suitable data analysis strategies for inferring pairwise distances from the phenomenological data, such as Hi-C^{21,23,36,40-42}, and the optimal use of the distances as phenomenological constraints for three-dimensional models^{21,23,25,40,42}.

Our study addresses both issues and complements earlier efforts in several respects. For data analysis, we use a statistical test based on the zero-inflated negative binomial (ZiNB) distribution to identify significant entries (contacts) from Hi-C matrices of ref. 11 that are much enriched with respect to the expected (background) occurrence of contacts. Typically, this reference distribution is taken as the standard binomial one, which is parametrized based on genomic distance between loci, as well as various Hi-C technical biases^{23,43–45}. In other selection schemes the conditional expectancy has been used to parametrize a negative binomial model based on the interaction frequencies between the restriction fragments⁴⁶. Recently, Rao *et al.*¹² have taken advantage of ultra high resolution Hi-C data to identify focal peaks in the Hi-C heatmaps by local scanning.

The advantageous property of the ZiNB scheme is its capability to deal with the inevitable sparsity of Hi-C matrices. The distinctive feature of our structural modelling is, instead, the seamless combination of the following features: the modelling is applied to the entire diploid genome inside the nucleus, the coarse-graining level is *uniformly* set to match the physical properties of the 30 nm fiber and, finally, steered molecular dynamics simulations are used to promote the formation of a subset of the Hi-C contacts, only the significant ones, allowing the unconstrained regions of the chromosomes to organize only under the effect of aspecific physical constraints. The approach is also robust for the introduction of an independent set of constraints based on the high-resolution Hi-C measurements in ref. 12, which provide information about local interactions associated with the boundaries of TADs.

Using our approach, we found that the model chromosomes remain mostly free of topological entanglement and acquire various properties distinctive of the *in vivo* genome organization. In particular, we found gene-rich and gene-poor regions, lamina associated domains (LADs), *loci* enriched in histone modifications, and Giemsa bands to be preferentially localized in the expected nuclear space. To our knowledge, this study, which builds on and complements previous genome modelling efforts^{22,23,36} is the first to engage in genome-wide physical modelling for two different human cell lines, based on Hi-C data from two different groups, and processed with two alternative statistical analyses. While this breadth ought to make the results interesting *per se*, the fact that several correct functional features are systematically recovered, makes the approach more relevant and useful for genome modelling. In fact, besides providing a concrete illustration of the genomic structure-function interplay, the results prompt the further development of coarse-grained models as an essential complement of experimental data analysis. Specific directions for such advancements are suggested.

Results

Significant pairwise constraints from Hi-C data. As input data for the knowledge-based three-dimensional (3D) modelling of human chromosomes, we used Hi-C measurements from lung fibroblasts (IMR90) and embryonic stem cells (hESC)¹¹. These data sets provide genome-wide 3D contact information between chromosome regions at 100 kilobases (kb) resolution. We focused on *cis*-chromosome Hi-C contacts, which, in contrast to *trans*-chromosome ones, show rich and robust pairing patterns⁷. The matrix of *cis* contacts is sparse as most of the *a priori* possible pairings have no associated reads, either because they are genuinely not in spatial proximity, or because their contacting probability is too low to be reliably detected for a given sequencing depth.

This data sparsity must be appropriately dealt with for pinpointing the statistically-significant *cis*-chromosome pairings that serve as knowledge-based constraints. To this end, we carried out a stringent statistical analysis using the *zero-inflated negative binomial* distribution (see Methods).

We accordingly singled out 16,409 and 14,928 significant pairings for IMR90 and hESC cells, respectively, using a 1% threshold for the false-discovery rate, see Supplementary Tables S1 and S2, and Supplementary Fig. S1. The number of significant contacts is comparable, and actually larger by a factor of 2, than those found by Rao *et al.* using different selection criteria and different Hi-C data (and that we shall later incorporate in our



Figure 1. Evolution of the satisfied target constraints. The curves show the increase of the percentage of target contacts that are established in the steering dynamics of the model IMR90 genome. Different proximity criteria for defining contacts are used for the two panels: (A) proximity of the centers of mass of the target regions, which are 100 kb-long and span 33 beads, (B) proximity of the closest pair of beads in the target regions. The latter contact definition is arguably closer in spirit to the chromosome pairings which, quenched by ligation, contribute to Hi-C contacts. For each panel, the curves correspond to various cutoff distances: 120 nm, 240 nm and 480 nm.

modelling as well). The significant pairings obtained with this culling procedure ought to correspond to a core of contacts that are likely present across the heterogenenous conformational repertoire populated by chromosomes. Therefore, this core does not include all contacts present in actual chromosome conformations, so that the restrained model structures are expectedly underconstrained with respect to the real system. Still, as we show later, these core contacts suffice to correctly pin down the larger scale functional features of chromosome organization.

For both cell lines the number of significant pairings correlates only weakly with chromosome length (*p*-value > 0.08 of non-parametric Kendall rank correlation), but correlates significantly with the number of genes in the chromosomes (*p*-value < 0.005), see Supplementary Fig. S2. Consistent with this observation, the highest linear density of significant contacts is found for the chromosomes 19 and X, where the gene density is high, while the lowest is found for chromosomes 13 and 18, where the gene density is low.

The observed correlation is not obvious *a priori*. In fact, because the cross-linking step in Hi-C experiments is not specific for gene-rich regions, the resulting contacts are expected to be unbiased in this respect. In addition, we used the normalization method of Imakaev *et al.*⁴⁷ to correct for various technical biases, including the possible difficulty of mapping reads on gene-poor chromosomes, whose sequence repetitiveness can be high. It is therefore plausible that the statistical selection criterion is capable of singling out those contact patterns that, being significantly enhanced across the probed cell population, are relevant for gene function.

Genome-wide models from spatial constraints. The statistically significant Hi-C pairings were used as target contacts for the model diploid system of human chromosomes. Following refs 5, 9 and 35, each chromosome was modelled as a semi-flexible chain of beads⁴⁸ with 30 nm diameter, corresponding to about 3 kb⁴⁹. Two copies of each autosome plus one of the X chromosome were packed at the nominal genome density inside a confining nuclear environment. For simplicity, the nuclear shape has been chosen to be spherical with a radius of 4,800 nm, neglecting the flattened ellipsoidal shape of fibroblast cells⁵⁰. The initial positions of the chromosomes were assigned in a stochastic way based on the phenomenological radial position propensities of ref. 50 (phenomenologically placed chromosomes). Steered molecular dynamics simulations were next used to promote the formation of contacts corresponding to the significant Hi-C pairings. Notice that the heterogeneity of the Hi-C sample should make it unfeasible to satisfy simultaneously all contacts corresponding to significant Hi-C pairings. Rather, the selected pairings ought to consist of incompatible subsets of feasible contacts.

The steering process was repeated independently 10 times for each considered cell line. To ensure the statistical independence, we considered one conformation per run, namely the snapshot taken at the end of the steering protocol, for all the following structural analysis. For simplicity and definiteness, we mostly focus on lung fibroblasts (IMR90) with phenomenologically placed chromosomes and point out the relevant analogies with the human embryonic stem cells (hESC) in specific contexts. These and other reference cases, such as pre-steering models and steered systems with random initial placements of the chromosomes, are detailed in Supplementary Figs S3 and S5–S16.

The data in Fig. 1A,B show that the target proximity constraints, despite being practically all unsatisfied before steering, are progressively established in significant proportions during the steering process. The result is consistent with previous findings³⁵ and proves *a posteriori* that a large fraction of the selected constraints can indeed be simultaneously established in a three-dimensional model without being hindered by the physical incompatibilities within the target contacts. The same properties hold also in the cases of hESC cells and of random initial placements of the chromosomes (Supplementary Fig. S3).

A typical arrangement of the steered chromosome conformation is shown in Fig. 2A. The accompanying tomographic cut (Fig. 2B) shows that chromosomes have a convex shape, as typically observed in FISH



Figure 2. Spatial arrangement of chromosomes based on Hi-C data in lung fibroblast cells (IMR90). (A) Typical chromosomal spatial arrangement obtained applying the initial phenomenological radial positioning of ref. 50 and the steering dynamics based on the Hi-C data in ref. 11. Different colors are used for different chromosomes. For visual clarity only one half of the enveloping nuclear boundary is shown, and it is rendered as a transparent hemisphere. (B) Tomographic cut of the chromosomal system shown in panel A. The planar cut has a thickness of 150 nm.

imaging^{1,50}. As discussed later, the limited *trans*- intermingling observed in chromosomes at the initial, decondensed states, is preserved during steering and is present in the optimized chromosome conformations.

We compared the post-steering distance matrices with the matrices of Hi-C reads. This comparison is meant as a further *a posteriori* assessment of the system compliance to follow the actual constraints and acquire a spatial organization compatible with the full Hi-C matrices. To do so we used the non-parametric Kendall association test between corresponding entries of the two matrices. The results are shown, for all chromosomes, as Supplementary Fig. S4, and indicate a systematic significant correlation. This is actually an anticorrelation because shorter spatial distances reflect in higher number of reads. To better capture the interplay of aspecific (short-range) and specific (longer-range) domain organization the Kendall correlation coefficient was computed over corresponding entries with genomic distance larger than a minimum threshold, that was varied from 1Mbp to half the chromosome length. The resulting correlation profiles in Supplementary Fig. S4 show that post-steering distance matrices typically maintain a significant anticorrelation with Hi-C upon increasing the genomic distance threshold. By contrast, the same correlation, but measured for the initial chromosome distance matrix degrades rapidly with increasing threshold. This is correct, because it reflects the increasing weight of longer-range specific interactions at the expense of the aspecific, shorter-range ones, of the initial state. Chromosome specific features are hence systematically reproduced only by the steered model chromosomes.

Local variability of chromosomal nuclear positioning. The nuclear position variability of the IMR90 optimised chromosomes is shown in Fig. 3, where the heatmap represents the standard deviations of the radial positioning of all chromosome portions. Chromosomes 19 and *X* which have the highest number of genes, have the lowest average position variability, while acrocentric chromosomes 13, 14, 15, 21 and telomeric regions of chromosomes 18, 21 and 22 have the largest one. At the same time, the observed position variations are plausible from the functional point of view, particularly regarding the increased motility found to occur for telomeric regions, compared to other, internal repeat regions in the human genome^{51,52}.

Nuclear positioning of functional regions. The steering optimization of the genome-wide model is based on two phenomenological inputs, the significant Hi-C contacts and the typical radial placement of chromosomes, which are not simply nor manifestly connected to functional aspects. Therefore, a relevant question is whether functionally-related properties can at all be recovered and exposed by the optimized chromosome conformations.

We accordingly considered the radial placement, before and after steering, of gene-rich and gene-poor regions, of lamina associated domains (LADs), of *loci* enriched in H3K4me3 (activating), H3K9me3 and H3K27me3 (repressive) histone modifications. We also investigated the preferential nuclear localization of Giemsa (G)-bands, which are the resulting coloring patterns of the low-resolution chromosomal staining technique Giemsa banding. Using this technique, heterochromatic, AT-rich and relatively gene-poor regions are depicted by darkly (positive) staining bands, while less condensed chromatin, tending to be GC-rich and more transcriptionally active, appears as light (negative) bands.

These all acquired the correct preferential positioning after steering. Specifically, chromosome regions that are rich in genes, associated with activating or repressing histone modifications or positive Giemsa staining bands occupy preferentially the nuclear center. Conversely, regions poor in genes or corresponding to positive Giemsa bands occupy preferentially the periphery. This holds for LADs too, whose simultaneous location at the nuclear periphery is not expected, given the highly dynamic association with the lamina *in vivo*⁵³. These properties are



Figure 3. Genome-wide variability of radial bead position in lung fibroblast cells (IMR90) nuclei.

Numbers indicate the standard deviation of the radial position across the 10 replicate simulations. Data refer to phenomenologically prepositioned initial chromosomal locations. For a comparison with: the pre-steering case, alternative initial positionings and hESC cell lines, see Supplementary Figs S5–S8.



Radial position (nm)

Figure 4. Nuclear positioning of functionally-related genomic regions in lung fibroblast cells (IMR90). The central histogram gives the relative density percentage based on H3K9me3 (orange), H3K4me3 (yellow), H3K27me3 (green), LADs (blue) and genes (red), and negative (cyan) and positive (purple) Giemsa staining bands. Circular slices indicate radial position (in nm) within the bounding nucleus aggregated across all 10 replicate simulations. The legend indicates the percentage of beads associated with the given feature relatively to the total number of beads in the given radial shell.

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shown in Supplementary Figs S13–S16 for hESC, while for fibroblasts, where territorial radial positioning is known to be less definite⁵⁴, are shown in Fig. 4.

We found that: (i) prior to steering, genes are not preferentially near the nucleus center, and that (ii) for entirely random initial chromosome placements, the steered LADs locations are less peripheric. The significance of these differences are shown in Supplementary Figs S9–S12 and indicates that the observed functional properties emerge specifically after introducing the phenomenological constraints on the genome structural model.

The robustness of the functionally-related properties is implied by their consistency across the IMR90 and hESC cell lines. But it is best illustrated by the persistence of the same features upon adding an independent set of spatial constraints. In fact, after completing the steering with the significant IMR90 contacts from ref. 11, we added those selected in ref. 12 for the same cell line, but in different, and higher resolution *in situ* Hi-C experiments. These additional target contacts are fewer in number (8,040) than the first set and are more local. In fact, the median sequence separation of contacting pairs is 220kb in the selected set of ref. 12 while it is equal to







Figure 6. Comparison of large-scale chromosome features. (A) The upper triangle of the map of average spatial distance between 100 kb regions on chromosome 19 at the end of the steering dynamics is shown. The gray bands mark the centromeric region. The boundaries of the 13 spatial macrodomains, identified with a clustering analysis of the distance matrix (see Methods), are overlaid on the map and the boundaries of the spatial *blocks* from ref. 25 are shown below. The consistency of the two partitions is visually conveyed in the chromosome cartoon at the bottom. Overlapping regions, shown in blue, account for 63% of the chromosome (centromere excluded). (**B**) The RMSD of our chromosome models and the models inferred using the method in ref. 36 are shown for non-steered (red) and steered conformations using target contacts based on ref. 11 (blue). The similarity of the two models is very clearly increased by the constrained steering procedure, and particularly so for chromosomes with a denser set of constraints (chr19, chr17, chr16, and chr7).

46.8 Megabase (Mb) for our reference set. Within our top-down approach, where the constraints are used to introduce progressively detailed structural features on top of an initially generic chromosome model, it is natural to apply the more local constraints of ref. 12 after those from ref. 11. As it is shown in Fig. 5, the added set has the same compliance to steering as the reference one, and the formation of the new contacts does not compete with or disrupt the former. In fact, all previously-discussed functionally related features persist with the added constraints, see Supplementary Figs S17–S19. Interestingly, this compatibility suggests that organizational mechanisms at both local- and non-local levels, meaning sequence separations smaller than 220 kb or larger than 46.8 Mb, can simultaneously concur to the formation of large-scale genome topology and is consistent with current views of how the genome acquires the organization in local domains (TADs)⁵⁵.

In this regard, we have compared the macrodomain organization of the optimised chromosome 19 with that obtained by Kalhor *et al.*²⁵ based on an independent set of experimental proximity measurements. We chose chromosome 19, because it has the highest linear density of imposed target constraints (~15 constraints/Mb, see Supplementary Table S3), and all of them are simultaneously established in the optimally constrained models within 480 nm. For this comparison, we first used a clustering procedure (see Methods) to optimally partition the chromosome arms into the same number of domains established in ref. 25. Next, we compared the overlap of the two domain partitions and established its significance by comparing it with the overlap distribution of random subdivisions of the two arms in the same number of clusters. The comparison, visualised in Fig. 6A, shows that the domains of chromosome 19 optimised by the combined constraints of refs 11 and 12 have a significant overlap q=63% (*p*-value = 0.026) with those of ref. 25. Interestingly, the overlap is appreciably smaller before the addition of the constraints from ref. 12, q = 55% (*p* - value = 0.065), see Supplementary Fig. S20.



Figure 7. Time-evolution of the satisfied recondensation constraints. The panels show the increase of the percentage of target contacts that are established during the recondensation dynamics starting from the optimally-steered conformations (**A**) and the relaxed conformations (**B**). As in Fig. 1 the curves correspond to various cutoff distances: 120 nm, 240 nm and 480 nm. We notice that the compliance to the steering is similar in the two different starting conditions.

The results give a very vivid example of how the addition of independent sets of phenomenological constraints is not only viable (meaning that they do not interfere negatively) but actually allows to better expose the genuine large-scale organizational feature of the genome. The total number of combined constraints used for chr19 is 1,100, equivalent to ~19 constraints per Mbp. This density of constraints with mixed local and non-local character thus appears to be a good target for robust chromosome modelling.

Furthermore, we compared the structural models, optimised with the phenomenological constraints based on Dixon *et al.* Hi-C data, with the multidimensional scaling (MDS) constraints provided by the analysis of Lesne *et al.*³⁶ of the very same Hi-C matrix. MDS is an approximate strategy for "inverting" of a well-populated matrix of pairwise-distances, and hence its applicability to genomic contexts required downsampling the input Hi-C matrix. We accordingly lowered the structural resolution of our models to the 100 kb level (by taking the average bead position of all beads in each 100 kb bin), and then used the similarly resampled Dixon *et al.* Hi-C matrix to obtain the MDS model of each chromosome via the Floyd-Warshall algorithm³⁶. We compared both steered and non-steered chromosomes with the corresponding MDS-optimized structures, using the root mean square deviation (RMSD) after Procrustes superimposition. As Fig. 6B shows, the steered structures show a much greater similarity to the MDS-optimized structures, indicating that global organizational patterns of individual chromosomes are similar. Furthermore, chromosomes with a denser set of constraints (e.g. chr19, chr17, chr16, chr7) are more similar in terms of RMSD, again indicating that the comparison is sound. We emphasize that MDS is a method for coarse-grained optimization of smaller structures (e.g. single chromosomes), while our modelling approach allow for the joint modelling of all chromosomes simultaneously, and can account for their structural heterogeneity.

Chromosome pre-mitotic recondensation. During the interphase \rightarrow mitotis step of the cell cycle, the decondensed interphase chromosomes reconfigure in its characteristic rod-like shapes. This rearrangement, while certainly being assisted by topoisomerases, is also aided by the limited incidence of *cis* and *trans* topological constraints. This feature is, in turn, fostered by the out-of-equilibrium characteristics of the cell cycle^{3–7,9,14}. In fact, the observed chromosomal entanglement is significantly lower than for equivalent mixtures of long equilibrated polymers, which cannot reconfigure over biologically relevant time scales⁵.

We tested the reconfiguration compliance of the optimised chromosome configurations by switching off the phenomenological target constraints after steering and replacing them with alternative target pairings between *loci* at the regular sequence separation of 200 kb. These constraints were chosen *ad hoc* to promote the rearrangement into a linear succession of loops, analogously to the string-like (mitotic) chromosome models of refs 4 and 56.

The steered chromosomes were indeed able to reconfigure and establish most of the new constraints. Their compliance to the target rearrangement is, in fact, very similar to the compliance of the pre-steering conformations which, having been relaxed from the initial rod-like arrangement, are ideally primed to be reconfigured efficiently, see Fig. 7. The lack of significant topological barriers allows the condensing chromosomes to segregate neatly, see Fig. 8, in qualitative accord with FISH observations^{1,50}.

Discussion

We studied the genome organization of human lung fibroblast (IMR90) and embryonic stem cells (hESC) by combining advanced statistical analysis of Hi-C data and coarse-grained physical models of chromosomes. The models were specialised for each cell line with phenomenological pairwise contacts corresponding to statistically-significant entries of the *cis*-chromosome Hi-C heatmaps of ref. 11. Being shared by an appreciable fraction of the cells probed experimentally, these contacts, despite not covering all contacts in actual chromosome conformations, ought to be simultaneously compatible, and physically viable. Their formation in the otherwise

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Figure 8. Chromosome segregation upon recondensation. The chromosome conformations for lung fibroblast cells (IMR90) obtained using the initial phenomenological radial placement of ref. 50, and the steering dynamics based on the Hi-C data in refs 11 and 12 (see Fig. 2A) were recondensed towards a mitoticlike arrangements by means of attractive interactions between pairs of loci (single beads) equally-spaced along the sequence at 200 kb (66 beads).

general models was promoted with steered molecular dynamics simulations on 10 independent replicates per cell line.

With the combined data-analysis and modelling strategy, we studied whether relevant aspects of the genomic structure-function relationship could be retrieved from Hi-C data. For this genome-wide study, we use general chromosomes models that are discretised at the 30 nm level. This fine intrinsic granularity sets a lower bound for the optimised chromosome structure resolution. The latter, in fact, depends on the abundance and type of phenomenological pairwise contacts that are used as phenomenological constraints. The present approach, therefore, aptly complements previous efforts based on larger-scale models incorporating observations from different phenomenological sources (tethered conformation capture techniques²⁵).

We found that, by solely promoting the formation of statistically-significant Hi-C contacts, the model chromosomes, despite being underestrained compared to actual chromosomes, still acquire a number of properties that are distinctive of the in vivo organization. These properties cannot be simply inferred from the direct analysis of Hi-C maps only, a fact that stresses and reinforces the early intuition that three-dimensional models can best expose properties that are otherwise encoded only indirectly in pairwise contact matrices¹⁰.

Specifically, in the optimised chromosome models gene-rich regions and activating or repressing histone modifications preferentially occupy the central space of the nucleus. By contrast, gene-poor ones and lamina associated domains occupy the nuclear periphery. All these features are in accord with experimental observations and with the functionally-related implications of the radial positioning of these regions. The localization of gene-rich regions in the nuclear center can, in fact, be an important prerequisite to organize them in clusters of proximal loci (transcriptional foci) providing an efficient means for their co-expression and co-regulation⁵⁷. Further, a likely explanation for these observations is that the gene-rich, centrally localized chromatin is most actively regulated via histone modifications, while the peripheral regions of the genome, which are less accessible, are preferentially constituted by repressed chromatin. In support of this view, it was recently proposed that lamina-associated chromatin compartments are depleted of most other histone modification signatures¹².

Furthermore, chromosomal regions associated with positive or negative Giemsa bands tend to occupy the nuclear periphery or centre, respectively. This result is again in accord with previous findings⁵⁴. It may also be correlated with the preferential placement of gene-rich and gene-poor regions as suggested in ref. 58. In fact, GC content in mammals, which is also reflected in the Giemsa banding patterns, is correlated with several genomic features that are potentially relevant from a functional viewpoint, including gene density, transposable element distribution, methylation levels, recombination rate, and expression levels. Thus, correlation studies will often tend to observe these together⁵⁹. It is however, also possible that Hi-C experimental uncertainties contribute in part to the observed effect^{60,61}.

The robustness of the structure-function relationship recovered by using the IMR90 constraints from the data of ref. 11, was tested by adding a further set of phenomenological constraints. These corresponded to the significant contacts selected in ref. 12 from high-resolution in situ Hi-C experiments on the same cell line. The concomitant steering with the two sets of constraints did not ruin the previously-established contacts and, in fact, acquired a sizeable proportion of the added ones. These facts indicate that the two sets are compatible, arguably because the significant contacts of ref. 12 are more local than those selected from the experimental data of ref. 11 with the different statistical methods described in the Methods section. As a result, the two sets complement each other for pinning the large- and small-scale structural features of the doubly-steered chromosome conformations. In fact, these not only maintain the correct preferential radial positioning of functional regions but further acquire a more specific organization in macro-domains that significantly overlaps with that recently identified by ref. 25. Finally, we characterized the compliance of the optimized, steered chromosomes to reconfigure in a dense linear conformation. This test was aimed at mimicking the interphase \rightarrow mitotic rearrangements that occur during cell cycle, also aided by topoisomerases, without encountering significant topological hindrance. The optimised chromosomes showed excellent compliance towards developing a dense linear organization. This confirms that chromosome entanglement in the optimised system is minimal, and hence realistic.

To summarise, a consistent accord with phenomenological observations^{54,58} was found for all considered properties of the optimised model chromosome configurations, from the preferred radial positioning of several types of functionally-relevant regions to the capability of chromosomes to recondense and segregate without topological hindrance. It is notable that these features emerge by using Hi-C data¹¹ and radial placement⁵⁰ as the sole source of constraints for the general, physics-based chromosome models. This highlights the significant extent to which functionally-related aspects of the genomic organization principles can be extracted from experimental structural data with the aid of suitable data analysis and chromosome modelling. As a further proof of that, we recall that none of the preferential positioning properties of the monitored functional *loci* emerge without imposing any phenomenological constraints.

We expect that the general approach followed in this study could be profitably extended and transferred to other systems, so to incorporate additional knowledge-based information and to capture more detailed aspects of the spatial organizational principles of eukaryotic nuclei. These will be even more relevant when missing genomic repeat structures eventually become incorporated into analysis. Furthermore, we in particular envisage that extending considerations from *cis*- to *trans*-chromosome contacts may be important towards pinning down more precisely the relative positioning of chromosomes, and also their absolute position in the nuclear environment.

Methods

Significant pairwise constraints from Hi-C data. The phenomenological constraints were based on two sources: primarily the raw data of ref. 11 for human lung fibroblasts (IMR90) and embryonic stem cells (hESC) and the list of significant contacts provided by Rao *et al.* based on their high resolution experiments on IMR90¹².

The significant IMR90 and hESC pairings from the data of ref. 11 were singled out as follows. As input data, x_{ij} , we took the number of Hi-C reads between two chromosome regions, *i* and *j*, discretized at the 100 kb resolution (comparable to the coarse-graining level of the chromosome model) and corrected for technical bias with the method of Imakaev *et al.*⁴⁷. The distribution of *x* values at fixed genomic distance, $\delta \equiv |i-j|$ was modelled using the discrete zero-inflated negative binomial mixture distribution (ZiNB)⁶². Specifically, the distribution of all reads with a given δ was fitted using the following probability distribution function:

$$P(X = 0|\theta, p, \pi) = \pi + (1 - \pi)p^{\theta}$$

$$P(X = x|\theta, p, \pi) = (1 - \pi)NB(Xf = x|\theta, p)$$
(1)

$$=(1-\pi)\frac{\Gamma(x+\theta)}{\Gamma(\theta)x!}p^{\theta}(1-p)^{x} \text{ for } x=1,2,3,..., \max(\delta)$$
(2)

In the above expressions, p is the probability of not having a 3D contact, θ captures the extra variance of the data with respect to a Poisson distribution, and π is the probability of observing additional zeros in the data set. These reflect the intrinsic sparsity of Hi-C data sets, which cannot be accounted for by the sole negative binomial distribution. The fitting procedures were carried out with the *pscl* package in \mathbb{R}^{63} .

Based on this ZiNB model distribution, the *p*-value for each x_{ij} , that is the probability of observing a contact frequency equal to or more extreme than x_{ij} , is given by:

$$p_{value}(x_{ij}) = P_{\delta}(X \ge x_{ij} | \hat{\theta}, \hat{p}, \hat{\pi})$$

= $(1 - \hat{\pi})NB(X \ge x_{ij} | \hat{\theta}, \hat{p})$ (3)

where $\hat{\theta}$, \hat{p} , and $\hat{\pi}$ are the (δ -dependent) best-fit parameters. We correct for multiple testing at fixed δ by selecting significant interactions at 1% false-discovery rate of the Benjamini-Hochberg method⁶⁴. The criterion yields a total of 16,409 and 14,928 interactions (respectively 0.07% and 0.06% of all possible *cis*-chromosome pairs between 100 kb regions), for lung fibroblasts (IMR90) and for embryonic stem cells (hESC) data sets respectively. The significant contacts for IMR90 are listed in Supplementary Table S1, see Supplementary Fig. S1 for some of their graphical representations, and those of hESC are provided in Supplementary Table S2.

We note that the multiple testing correction assumes that Hi-C maps entries are uncorrelated. Even accounting for the medium resolution of the data sets, this assumption can hold only approximately. Appropriate sampling strategies have been suggested for dealing with such correlations in ref. 12. While these strategies are not primed to be used in conjunction with our analysis, the viability of our method is shown *a posteriori*. In fact, a similar compliance to steering is observed for the contacts selected using the data of ref. 11 and our statistical method, and for those selected using the data and the statistical analysis of ref. 12. Furthermore, we emphasize that accounting for correlations during multiple testing correction can only result in a less conservative correction procedure, and will not reduce the number of false positives. Thus, in this analysis, the effect would be minor.

Genome-wide modelling and spatial constraints. The statistically significant Hi-C contacts were enforced as spatial constraints for a genome-wide modelling of chromosome organization in lung fibroblasts (IMR90) and embryonic stem cells (hESC) nuclei.

The model chromosomes are packed at the typical nuclear density of 0.012 bp/nm³ inside a confining nucleus. For simplicity, the nuclear shape has been chosen to be spherical with a radius of 4,800 nm, neglecting the flattened ellipsoidal shape of fibroblast cells⁵⁰. Each chromosome is treated as a chain of beads⁴⁸ with diameter $\sigma = 30$ nm equal to the nominal chromatin fiber thickness, and hence corresponding to a stretch of 3.03 kb^{5,9,35}. The chain bending rigidity is chosen so that the model chromatin fiber has the correct persistence length (150 nm)⁵.

The chromosome lengths, in number of beads, are given in Supplementary Table S3 and range from 15,873 to 82,269 (for chromosome 21 and 1, respectively). The total number of beads in the system is 1,952,709, resulting from the presence of two copies for each autosome and a single copy of the sexual chromosome X. The latter is present in a single copy to account for the absent (male) or inactivated (female) copy, while the male chromosome Y is not considered for its small size. Each chromosome is initially prepared in a rod-like structure resulting from stacked rosette patterns, as in ref. 5.

The rod-like chromosomes are initially positioned in the nucleus with two different protocols: random and phenomenological, that is matching the preferential chromosome radial positioning reported in ref. 50. In the random scheme, the chromosomes are consecutively positioned, from the longest to the shortest, by placing their midpoint randomly inside the nucleus and with a random axis orientation. If *trans* steric clashes arise at any stage, the placement procedure is repeated. The phenomenological scheme is analogous to the random one, except that chromosome midpoints are placed within one of six discretised radial shells, so as to match as close as possible (best positioning out of 10,000 trials) to the experimental average distance from the nuclear center reported in ref. 50. Chromosome protrusions beyond the nuclear sphere are next eliminated by briefly evolving the system with a stochastic (Langevin) molecular dynamics simulation under the action of a radial compressive force, until all beads are brought inside the spherical nuclear boundary, which is treated as impenetrable for all simulations. The Langevin dynamics is integrated numerically with the LAMMPS simulation package⁶⁵, with default parameters and the duration of this initial compressive adjustment phase is set equal to 1,200 τ_{LD} where τ_{LI} is the characteristic Lennard-Jones simulation time (see Supplementary Methods).

The chromosomes are next evolved with the stochastic dynamics for a timespan of 120,000 τ_{LI} (corresponding to 7 hours in realtime using the time mapping in ref. 5) during which centromeres are compactified by the attractive pairwise interaction of their constitutive beads while chromosome arms relax from the initial rod-like and expand inside the nucleus, adapting to its shape (see Supplementary Methods). After this relaxation phase, the system dynamics is steered to promote the formation of target *cis*-chromosome pairings corresponding to the statistically significant Hi-C contacts. As in ref. 35, the steering involves setting harmonic constraints between the centers of mass of paired target regions, each spanning 33 beads (equivalent to the 100 kb data resolution). To minimize the out-of-equilibrium driving of the system, the strength of the spring constant is progressively ramped up during the steering phase, which lasts for a maximum of $6,000 \tau_{LP}$, starting from suitably weak initial values of the spring constants. The latter are set based on the sequence separation of the target pair so as to just counteract their entropic recoil (see Supplementary Methods). The same steering procedure has been applied to the optimal conformations (only for IMR90 cell line) to enforce the contacts of ref. 12 for a maximum of $600 \tau_{LP}$. All the steered simulations have been performed using the PLUMED⁶⁶ package for LAMMPS.

Both the system relaxation and the steering procedure are replicated independently 10 times per each of the 4 considered setups, in order to assess the average properties of the models. The four setups are given by the combination of the IMR90 or hESC cell lines and the phenomenological or random chromosome positioning. To ensure the statistical independence, we used one conformation per run, namely the snapshot taken at the end of the steering protocol, for the analysis of the structurally and functionally-oriented properties of the nuclear chromosome organization.

The cumulative computer time of the 40 simulations involved 150,000 single CPU hours on 32 processors for the pre-steering runs, and 15,000 single CPU hours on a single processor for the steered ones.

Nuclear positioning of functionally-related *loci*. The steered genome-wide organization was profiled for the preferred positioning of various functionally-related *loci*: genes, lamina associated domains (LADs), H3K4me3 (activating), H3K9me3 and H3K27me3 (repressive) histone modifications, and Giemsa staining bands. The genomic location of genes and bands were obtained from the UCSC Table Browser⁶⁷, those of LADs from ref. 68, and histone modification data were obtained from GEO accession number *GSE*16256. These regions were mapped on the model chromosomes and their preferential radial positioning, before and after steering, was characterized by subdividing the nucleus in 15 radial shells of equal thickness (~320 nm), and computing for each shell the enrichment in beads associated to a given functional region.

Spatial macrodomains. The macrodomains of chromosome 19, which has the highest density of imposed constraints (~15 constraints/Mb, see Supplementary Table S3), were obtained from a spatial clustering analysis and then compared with the "block" partitions established in ref. 25 based on tethered conformational capture techniques. The clustering consisted of a sequence-continuous K-medoids partitioning of chromosome arms, discretised at the 100kb-long level, corresponding to 33 beads. The entries of pairwise dissimilarity matrices, Δ , were based on the average distances, $\langle d \rangle$, of the 100kb-long segments, the average being taken over the final conformations optimized with the constraints of refs 11,12. Specifically, for two segments *i* and *j*, the corresponding dissimilarity entry, Δ_{ij} was set equal to $\langle d_{ij} \rangle$ when the latter was below the 750 nm. The cutoff distance of 1,000 nm was used for more distance pairs. The two chromosome arms were separately subdivided in the same number of domains of ref. 25 and the significance of the resulting correspondence, or overlap, of the sequentially numbered domains was obtained by comparison against 1,000 random sequence-continuous subdivisions of the arms in the same number of domains.

The chromosome pre-mitotic recondensation. To reconfigure the model chromosomes to a linear (mitotic-like) state we switched off the target harmonic constraints and replaced them with couplings between pairs of *loci* at the regular sequence separation of 200 kb. These constraints promote the chromosome rearrangement into a linear succession of loops analogous to the mitotic chromosome models of refs 4,56. During this simulation, the parameters of all the harmonic constraints are treated on equal footing. The spring constants are maintained equal and unvaried, while the equilibrium distances are decreased in steps of 30 nm, from 200 nm (the maximum extension of a 200 kb chromatin model strand) to 30 nm (the size of a bead), every $0.6 \tau_{Lf}$. At the final nominal equilibrium distance, the simulations are extended up to $300 \tau_{Lf}$. Besides applying the recondesation procedure to the 10 steered replicates of the lung fibroblast (IMR90), we also apply it to the relaxed, pre-steering chromosomes.

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Author Contributions

M.D.S., J.P., E.H. and C.M. conceived and designed the experiments; J.P. and T.G.L. performed statistical analyses; M.D.S. performed the molecular dynamics simulations; M.D.S. and J.P. analysed the data and implemented the analysis tools; M.D.S., J.P., E.H. and C.M. wrote the paper.

Additional Information

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